

Pre-Marital Counseling



Aspect	Details	Benefits
Program Overview	Pre-marital counseling at New Hope Counseling provides structured space to address important topics like communication, finances, family planning, and shared values before marriage.	Helps couples establish clarity, connection, and confidence before walking down the aisle.
Prepare / Enrich Assessment	A research-backed questionnaire completed by both partners to identify strengths and growth areas in the relationship.	Reveals key areas such as communication, conflict resolution, personality differences, and family background for deeper understanding.
Focus Topics	Exploration of key subjects including communication and conflict, finances and decision-making, intimacy and affection, family planning, and spiritual beliefs.	Allows couples to align on matters significant for their future marriage and avoid future conflicts.
Practical Skills	Sessions provide tools like conflict resolution, clear communication, compromising, and building shared agreements.	Equips couples with lasting strategies to handle disagreements and align on major life decisions with confidence.
Research Outcomes	Structured feedback based on assessments leads to measurable positive outcomes for couples.	Couples see a significant boost in relationship satisfaction and a reduced likelihood of falling into at-risk categories for divorce.
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